

-43kg	U18	U23
SQUAT	Standard	90 S Rowlands 10/02/2013
BENCH PRESS	Standard	50 S Rowlands 10/02/2013
DEADLIFT	Standard	115 S Rowlands 10/02/2013
TOTAL	Standard	255 S Rowlands 10/02/2013
BENCH (A/C)	Standard	50 S Rowlands 10/02/2013



## East Midlands British Powerlifting WOMEN - CLASSIC

updated: 10/01/2022

-47kg	U18	U23	open	M1	M2	M3
SQUAT	60 S Rowlands 26/02/2011	100 S Tang 31/01/2016	100 S Tang 31/01/2016	75 I Flanagan 31/01/2016	75 I Flanagan 31/01/2016	Standard
BENCH PRESS	27.5 S Rowlands 26/02/2011	52.5 S Rowlands 02/02/2014	52.5 S Rowlands 02/02/2014	42.5 I Flanagan 27/04/2013	42.5 I Flanagan 27/04/2013	Standard
DEADLIFT	75 S Rowlands 26/02/2011	120.5 S Tang 31/01/2016	120.5 S Tang 31/01/2016	115 I Flanagan 27/04/2013	115 I Flanagan 27/04/2013	Standard
TOTAL	162.5 S Rowlands 26/02/2011	268 S Tang 31/01/2016	268 S Tang 31/01/2016	230.5 I Flanagan 27/04/2013	230.5 I Flanagan 27/04/2013	Standard
BENCH (A/C)	27.5 S Rowlands 26/02/2011	90 S Rowlands 10/02/2013	95 Z Newson 10/05/2015	42.5 I Flanagan 27/04/2013	42.5 I Flanagan 27/04/2013	Standard

-52kg	U18	U23	open	M1	M2	M3
SQUAT	75 G Blakeman 09/04/2017	100 E Taylor 05/12/2021	125 H Stark 01/05/2021	100 C Stammers 08/03/2019	92.5 J Hunter 08/09/2012	85 J Hunter 06/03/2018
BENCH PRESS	55 G Blakeman 09/04/2017	55 G Blakeman 09/04/2017	72.5 J Hunter 08/09/2012	72.5 J Hunter 08/09/2012	72.5 J Hunter 08/09/2012	67.5 J Hunter 06/03/2018
DEADLIFT	100 G Blakeman 09/04/2017	132.5 E Taylor 05/12/2021	145.5 J Hunter 08/09/2012	145.5 J Hunter 08/09/2012	145.5 J Hunter 08/09/2012	125 J Hunter 06/03/2018
TOTAL	230 G Blakeman 09/04/2017	287.5 E Taylor 05/12/2021	310.5 J Hunter 08/09/2012	310.5 J Hunter 08/09/2012	310.5 J Hunter 08/09/2012	227.5 J Hunter 06/03/2018
BENCH (A/C)	55 G Blakeman 09/04/2017	55 G Blakeman 09/04/2017	90 N Blake 06/01/2013	72.5 J Hunter 08/09/2012	72.5 J Hunter 08/09/2012	67.5 J Hunter 06/03/2018

-57kg	U18	U23	open	M1	M2	M3
SQUAT	97.5 M Walker 05/12/2021	95 K Bardwell 05/02/2017	120 C Pearson 24/11/2019	90 J Hunter 06/02/2011	90 J Hunter 06/02/2011	87.5 J Hunter 06/06/2018
BENCH PRESS	52.5 M Walker 05/12/2021	60 K Bardwell 05/02/2017	72.5 A Bates 18/08/2018	71.5 J Hunter 17/09/2016	71.5 J Hunter 17/09/2016	68.5 J Hunter 06/06/2018
DEADLIFT	132.5 M Walker 05/12/2021	127.5 K Bardwell 05/02/2017	145 J Hunter 06/02/2011	145 J Hunter 06/02/2011	145 J Hunter 06/02/2011	130 J Hunter 06/06/2018
TOTAL	285 M Walker 05/12/2021	282.5 K Bardwell 05/02/2017	310 A Bates 18/08/2018	305 J Hunter 06/02/2011	305 J Hunter 06/02/2011	268 J Hunter 06/06/2018
BENCH (A/C)	52.5 M Walker 05/12/2021	60 K Bardwell 05/02/2017	72.5 A Bates 18/08/2018	71.5 J Hunter 17/09/2016	71.5 J Hunter 17/09/2016	68.5 J Hunter 06/06/2018

-63kg	U18	U23	open	M1	M2	M3
<b>SQUAT</b>	95 A Dennis 22/09/2018	107.5 F Rickwood 31/01/2016	150 S King 06/02/2012	135 A Graham 03/02/2019	90 N Butler 26/05/2018	60 Kathleen Pound 24/11/2019
<b>BENCH PRESS</b>	55 A Dennis 22/09/2018	62.5 S Goulder 13/08/2016	92.5 A Graham 03/02/2019	92.5 A Graham 03/02/2019	50 N Butler 26/05/2018	45 Kathleen Pound 24/11/2019
<b>DEADLIFT</b>	130 A Dennis 22/09/2018	132.5 S Goulder 13/08/2016	195.5 A Graham 03/02/2019	195.5 A Graham 03/02/2019	122.5 N Butler 26/05/2018	100 Kathleen Pound 24/11/2019
<b>TOTAL</b>	280 A Dennis 22/09/2018	300 S Goulder 13/08/2016	423 A Graham 03/02/2019	423 A Graham 03/02/2019	262.5 N Butler 26/05/2018	205 Kathleen Pound 24/11/2019
<b>BENCH (A/C)</b>	55 A Dennis 22/09/2018	65 C Brown 10/10/2021	92.5 A Graham 03/02/2019	92.5 A Graham 03/02/2019	50 N Butler 26/05/2018	45 Kathleen Pound 24/11/2019

-69kg	U18	U23	open	M1	M2	M3
<b>SQUAT</b>	0 - -	0 - -	140 N Neocleous 28/08/2021	130 T Redmore 04/12/2021	130 T Redmore 04/12/2021	0 - -
<b>BENCH PRESS</b>	0 - -	0 - -	77.5 L Erskine 04/09/2021	70 T Redmore 04/12/2021	72.5 T Redmore 24/07/2021	0 - -
<b>DEADLIFT</b>	0 - -	0 - -	170 L Erskine 04/09/2021	125 T Redmore 04/12/2021	145 P Gentle 04/12/2021	0 - -
<b>TOTAL</b>	0 - -	0 - -	387.5 L Erskine 04/09/2021	345 T Redmore 04/12/2021	337.5 T Redmore 24/07/2021	0 - -
<b>BENCH (A/C)</b>	0 - -	0 - -	72.5 T Redmore 24/07/2021	70 T Redmore 04/12/2021	72.5 T Redmore 24/07/2021	0 - -

-76kg	U18	U23	open	M1	M2	M3
<b>SQUAT</b>	95 E Smallcombe 21/08/2021	0 - -	145 A Hilton 01/05/2021	145 A Hilton 01/05/2021	85 J Hawes 01/05/2021	85 J Hawes 01/05/2021
<b>BENCH PRESS</b>	47.5 E Smallcombe 23/10/2021	0 - -	82.5KG K Roberts 07/11/2021	67.5 A Hilton 01/05/2021	55 J Hawes 24/07/2021	55 J Hawes 24/07/2021
<b>DEADLIFT</b>	120 E Smallcombe 23/10/2021	0 - -	165 A Hilton 01/05/2021	165 A Hilton 01/05/2021	105 J Hawes 24/07/2021	105 J Hawes 24/07/2021
<b>TOTAL</b>	260 E Smallcombe 23/10/2021	0 - -	377.5 A Hilton 01/05/2021	377.5 A Hilton 01/05/2021	240 J Hawes 24/07/2021	240 J Hawes 24/07/2021
<b>BENCH (A/C)</b>	45 E Smallcombe 21/08/2021	0 - -	87.5 A Claire 14/11/2021	67.5 A Hilton 01/05/2021	47.5 J Hawes 01/05/2021	47.5 J Hawes 01/05/2021

-84kg	U18	U23	open	M1	M2	M3
<b>SQUAT</b>	100 L Wetheridge 30/06/2012	100 L Wetheridge 30/06/2012	145 K Edwards 03/03/2019	137.5 J Blasberry 17/08/2013	137.5 J Blasberry 17/08/2013	Standard
<b>BENCH PRESS</b>	72.5 L Wetheridge 30/06/2012	72.5 L Wetheridge 30/06/2012	102.5 K Edwards 03/03/2019	90 J Blasberry 02/06/2014	90.5 J Blasberry 06/06/2015	Standard
<b>DEADLIFT</b>	160 L Wetheridge 30/06/2012	160 L Wetheridge 30/06/2012	172.5 J Blasberry 17/08/2013	172.5 J Blasberry 17/08/2013	172.5 J Blasberry 17/08/2013	Standard
<b>TOTAL</b>	332.5 L Wetheridge 30/06/2012	332.5 L Wetheridge 30/06/2012	400 K Edwards 03/03/2019	395 J Blasberry 17/08/2013	395 J Blasberry 17/08/2013	Standard
<b>BENCH (A/C)</b>	72.5 L Wetheridge 30/06/2012	72.5 L Wetheridge 30/06/2012	102.5 K Edwards 03/03/2019	90 J Blasberry 02/06/2014	90.5 J Blasberry 06/06/2015	Standard

**84kg+**

	<b>U18</b>	<b>U23</b>	<b>open</b>	<b>M1</b>	<b>M2</b>	<b>M3</b>
<b>SQUAT</b>	Standard	127.5 V Robinson 14/07/2019	180 C Holland 20/09/2015	175 S Marsden 17/09/2017	135 J Blasberry 25/01/2015	70 V Harrison 04/06/2019
<b>BENCH PRESS</b>	Standard	70 V Robinson 14/07/2019	100 C Holland 31/01/2016	92.5 S Marsden 29/05/2017	85 J Blasberry 25/01/2015	50 V Harrison 04/06/2019
<b>DEADLIFT</b>	Standard	160 V Robinson 14/07/2019	195 C Holland 20/09/2015	182.5 S Taylor 21/08/2021	160 J Blasberry 25/01/2015	130 V Harrison 04/06/2019
<b>TOTAL</b>	Standard	357.5 V Robinson 14/07/2019	465 C Holland 20/09/2015	437.5 S Taylor 21/08/2021	380 J Blasberry 25/01/2015	250 V Harrison 04/06/2019
<b>BENCH (A/C)</b>	Standard	70 V Robinson 14/07/2019	115 C Holland 23/02/2019	92.5 S Marsden 29/05/2017	85 J Blasberry 25/01/2015	50 V Harrison 04/06/2019