

-53kg	U18	U23
SQUAT	Standard	Standard
BENCH PRESS	Standard	Standard
DEADLIFT	Standard	Standard
TOTAL	Standard	Standard
BENCH (A/C)	Standard	Standard



East Midlands British Powerlifting MEN - EQUIPPED

Updated 12/12/2021

-59kg	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	135 J Richardson 12/08/2017	160 T Hitchcock-Wyatt 29/01/2017	160 T Hitchcock-Wyatt 29/01/2017	92.5 D Brown 03/04/2011	92.5 D Brown 03/04/2011	92.5 D Brown 03/04/2011	Standard	Standard
BENCH PRESS	82.5 J Strike 05/10/2014	83 T Hitchcock-Wyatt 29/01/2017	145 A Aldermam 15/05/2015	92.5 D Brown 03/04/2011	92.5 D Brown 11/02/2012	92.5 D Brown 11/02/2012	Standard	Standard
DEADLIFT	170 J Richardson 12/08/2017	170 J Richardson 12/08/2017	180 L White 07/11/2021	132.5 D Brown 15/12/2011	132.5 D Brown 15/12/2011	132.5 D Brown 15/12/2011	Standard	Standard
TOTAL	385 J Richardson 12/08/2017	403 T Hitchcock-Wyatt 29/01/2017	430 L White 07/11/2021	307.5 D Brown 06/02/2012	307.5 D Brown 06/02/2012	307.5 D Brown 06/02/2012	Standard	Standard
BENCH (A/C)	82.5 J Strike 05/10/2014	83 T Hitchcock-Wyatt 29/01/2017	145 A Aldermam 15/05/2015	92.5 D Brown 11/02/2012	92.5 D Brown 11/02/2012	92.5 D Brown 11/02/2012	Standard	Standard

-66kg	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	175 J Richardson 13/10/2018	175 J Richardson 13/10/2018	195 S Rowlands 13/12/2015	195 S Rowlands 13/12/2015	195 S Rowlands 13/12/2015	Standard	Standard	Standard
BENCH PRESS	100 J Richardson 30/11/2019	105 B Johnson 15/08/2015	117.5 B Johnson 17/12/2017	95 S Rowlands 13/12/2015	95 S Rowlands 13/12/2015	Standard	Standard	Standard
DEADLIFT	207.5 J Richardson 30/11/2019	207.5 J Richardson 30/11/2019	215 B Johnson 17/12/2017	200 S Rowlands 13/12/2015	200 S Rowlands 13/12/2015	Standard	Standard	Standard
TOTAL	472.5 J Richardson 30/11/2019	472.5 J Richardson 30/11/2019	507.5 B Johnson 17/12/2017	490 S Rowlands 13/12/2015	490 S Rowlands 13/12/2015	Standard	Standard	Standard
BENCH (A/C)	100 B Cattermole 15/12/2011	105 B Johnson 15/08/2015	117.5 B Johnson 17/12/2017	95 S Rowlands 13/12/2015	95 S Rowlands 13/12/2015	Standard	Standard	Standard

-74kg	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	200 B Sugarman 29/01/2017	210 S Khan 15/08/2015	245 A Ottolangu 16/12/2011	245 A Ottolangu 16/12/2011	245 A Ottolangu 16/12/2011	226 A Ottolangu 18/01/2020	Standard	Standard
BENCH PRESS	110 L Kawahara-Musiu 04/07/2019	137.5 I Sommers 23/11/2019	181 C Haynes 16/03/2014	181 C Haynes 16/03/2014	181 C Haynes 16/03/2014	130 A Ottolangu 18/01/2020	Standard	Standard
DEADLIFT	250 B Sugarman 29/01/2017	252.5 S Khan 15/08/2015	260 H Murray Rowley 24/11/2019	240 S Walker 26/11/2011	240 S Walker 26/11/2011	210 A Ottolangu 18/01/2020	Standard	Standard
TOTAL	547.5 B Sugarman 29/01/2017	597.5 S Khan 15/08/2015	651 C Haynes 16/03/2014	651 C Haynes 16/03/2014	651 C Haynes 16/03/2014	566 A Ottolangu 18/01/2020	Standard	Standard
BENCH (A/C)	114 L Kawahara-Musiu 13/10/2019	137.5 I Sommers 23/11/2019	181 C Haynes 16/03/2014	181 C Haynes 16/03/2014	181 C Haynes 16/03/2014	75 M Mann 19/07/2014	Standard	Standard

-83kg	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	200 S Beddoes 14/07/2019	255 E Mata 12/06/2018	257.5 T Saunders 18/01/2020	237.5 D D'Gama 19/07/2012	237.5 D D'Gama 19/07/2012	200 M Amey 17/03/2014	Standard	Standard
BENCH PRESS	140 O Pilecki 18/08/2018	165 E Mata 12/06/2018	172.5 T Saunders 24/11/2019	160 D D'Gama 24/03/2012	160 D D'Gama 24/03/2012	115 D D'Gama 07/11/2021	Standard	Standard
DEADLIFT	232.5 S Beddoes 14/07/2019	252.5 R D'Alanno 18/07/2015	270 A Kolb 20/08/2011	257.5 I Card 04/07/2019	252.5 D D'Gama 28/04/2013	240.5 M Amey 10/04/2016	Standard	Standard
TOTAL	555 O Pilecki 18/08/2018	610 C Goddard 29/01/2017	662.5 T Saunders 18/01/2020	632.5 D D'Gama 28/04/2013	632.5 D D'Gama 28/04/2013	532.5 M Amey 16/03/2014	Standard	Standard
BENCH (A/C)	140	165	182.5	182.5	175	115		

BENCH (A/C)	O Pilecki 18/08/2018	E Mata 12/06/2018	A Howard 20/03/2011	A Howard 20/03/2011	L Meachen 10/05/2015	D D'Gama 07/11/2021	Standard	Standard
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-93kg	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	212.5 J Calver 28/01/2018	272.5 E Mata 29/07/2018	305 A Champ 05/04/2019	283 K Jane 08/09/2012	283 K Jane 08/09/2012	283 K Jane 16/03/2014	Standard	Standard
BENCH PRESS	120 H Skipper 13/10/2018	175 E Mata 29/07/2018	242.5 A Champ 05/04/2019	172.5 K Jane 02/12/2012	172.5 K Jane 02/12/2012	172.5 K Jane 02/12/2012	Standard	Standard
DEADLIFT	247.5 R Bruere 14/07/2019	300 M Deacon-Smith 26/04/2014	300 M Deacon-Smith 26/04/2014	287.5 K Jane 22/11/2014	287.5 K Jane 22/11/2014	287.5 K Jane 22/11/2014	Standard	Standard
TOTAL	572.5 R Bruere 14/07/2019	727.5 E Mata 29/07/2018	832.5 A Champ 05/04/2019	737.5 K Jane 02/12/2012	737.5 K Jane 02/12/2012	737.5 K Jane 02/12/2012	Standard	Standard
BENCH (A/C)	120 S Singh 15/07/2015	175 E Mata 29/07/2018	265 A Champ 19/10/2019	247.5 J Jefferies 25/09/2011	205 I Kinghorn 11/02/2012	172.5 K Jane 02/12/2012	Standard	Standard

-105kg	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	192.5 K Stubbings 16/08/2015	275 J Cook 07/08/2012	332.5 J O'Neill 22/11/2014	300 A Rodney 23/06/2012	215 K Jane 17/08/2014	215 K Jane 17/08/2014	252.5 K Jane 07/11/2021	Standard
BENCH PRESS	122.5 K Stubbings 16/08/2015	183 B Horne 27/05/2018	220 J O'Neill 22/11/2014	185 A Rodney 23/06/2012	147.5 D Battison 17/04/2011	147.5 D Battison 17/04/2011	157.5 K Jane 07/11/2021	Standard
DEADLIFT	222.5 A Herman 14/07/2019	305.5 M Deacon-Smith 17/08/2014	305.5 M Deacon-Smith 17/08/2014	272.5 A Rodney 05/02/2012	252.5 K Jane 17/08/2014	252.5 K Jane 17/08/2014	252.5 K Jane 07/11/2021	Standard
TOTAL	522.5 K Stubbings 16/08/2015	730 J Cook 07/08/2012	840 J O'Neill 22/11/2014	745 A Rodney 23/06/2012	592.5 K Jane 17/08/2014	592.5 K Jane 17/08/2014	662.5 K Jane 07/11/2021	Standard
BENCH (A/C)	122.5 K Stubbings 16/08/2015	183 B Horne 27/05/2018	280 J Jeffries 06/11/2011	260.5 P Singh 25/09/2011	207.5 I Kinghorn 31/03/2012	147.5 D Battison 17/04/2011	157.5 K Jane 07/11/2021	Standard

-120kg	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	Standard	300 S Harvey 11/12/2016	380 T Cliffe 16/08/2015	282.5 A Rodney 15/03/2014	275 A Rodney 04/10/2015	202.5 I Finch 07/03/2018	167.5 C Gladding 10/02/2013	Standard
BENCH PRESS	Standard	200 S Harvey 11/12/2016	290 T Cliffe 16/08/2015	182.5 A Rodney 15/03/2014	180 A Rodney 25/01/2015	127.5 C Gladding 25/01/2015	130 C Gladding 05/06/2015	Standard
DEADLIFT	Standard	290 B Leyland 18/07/2015	350 T Cliffe 16/08/2015	300 A Rodney 04/10/2015	300 A Rodney 04/10/2015	225 I Finch 07/03/2018	195 C Gladding 27/04/2013	Standard
TOTAL	Standard	775 S Harvey 11/12/2016	1020 T Cliffe 16/08/2015	742.5 A Hutchings 04/10/2015	737.5 A Rodney 04/10/2015	552.5 I Finch 07/03/2018	485 C Gladding 10/02/2013	Standard
BENCH (A/C)	Standard	195 J Walton 26/02/2011	287.5 T Cliffe 11/05/2012	270 P Singh 27/07/2013	180 A Rodney 25/01/2015	155 C Gladding 07/02/2015	155 C Gladding 07/02/2015	Standard

120kg+	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	Standard	250 L Nesbitt 24/11/2019	380 T Cliffe 22/06/2013	270 A Hutchings 14/11/2015	260 T O'Neill 26/11/2011	250 T O'Neill 26/11/2017	Standard	Standard
BENCH PRESS	Standard	145 J Spring 07/11/2021	295 T Cliffe 22/06/2013	175 A Rodney 14/11/2015	175 A Rodney 14/11/2015	140 T O'Neill 26/11/2017	Standard	Standard
DEADLIFT	Standard	240 T Marshall 10/02/2013	340 T Cliffe 22/06/2013	285 A Hutchings 14/11/2015	275 T O'Neill 26/11/2011	262.5 T O'Neill 26/11/2017	Standard	Standard
TOTAL	Standard	613 L Nesbitt 24/11/2019	1015 T Cliffe 22/06/2013	730 A Hutchings 14/11/2015	690 T O'Neill 26/11/2011	652.5 T O'Neill 26/11/2017	Standard	Standard
BENCH (A/C)	Standard	192.5 J Fortin 30/01/2011	295 T Cliffe 22/06/2013	175 A Rodney 14/11/2015	175 A Rodney 14/11/2015	Standard	Standard	Standard