

-53kg	U18	U23
SQUAT	Standard	Standard
BENCH PRESS	Standard	Standard
DEADLIFT	Standard	Standard
TOTAL	Standard	Standard
BENCH (A/C)	Standard	Standard



## East Midlands British Powerlifting MEN - CLASSIC

updated: 10/01/2022

-59kg	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	135 J Richardson 12/08/2017	160 T Hitchcock-Wyatt 29/01/2017	160 T Hitchcock-Wyatt 29/01/2017	92.5 D Brown 03/04/2011	92.5 D Brown 03/04/2011	92.5 D Brown 03/04/2011	Standard	Standard
BENCH PRESS	82.5 J Strike 05/10/2014	83 T Hitchcock-Wyatt 29/01/2017	95 L White 29/08/2021	82.5 D Brown 06/02/2012	82.5 D Brown 06/02/2012	82.5 D Brown 06/02/2012	Standard	Standard
DEADLIFT	170 J Richardson 12/08/2017	170 J Richardson 12/08/2017	172.5 L White 29/08/2021	132.5 D Brown 15/12/2011	132.5 D Brown 15/12/2011	132.5 D Brown 15/12/2011	Standard	Standard
TOTAL	385 J Richardson 12/08/2017	403 T Hitchcock-Wyatt 29/01/2017	420 L White 29/08/2021	307.5 D Brown 06/02/2012	307.5 D Brown 06/02/2012	307.5 D Brown 06/02/2012	Standard	Standard
BENCH (A/C)	82.5 J Strike 05/10/2014	83 T Hitchcock-Wyatt 29/01/2017	145.5 A Aldermam 10/10/2021	82.5 D Brown 06/02/2012	82.5 D Brown 06/02/2012	82.5 D Brown 06/02/2012	Standard	Standard

-66kg	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	175 J Richardson 13/10/2018	175 J Richardson 13/10/2018	175 B Johnson 17/12/2017	145 S Rowlands 14/11/2015	145 S Rowlands 14/11/2015	Standard	Standard	Standard
BENCH PRESS	100 J Richardson 30/11/2019	127.5 I Nabi 29/08/2021	127.5 I Nabi 29/08/2021	95 S Rowlands 14/11/2015	95 S Rowlands 14/11/2015	Standard	Standard	Standard
DEADLIFT	207.5 J Richardson 30/11/2019	260 I Nabi 29/08/2021	260 I Nabi 29/08/2021	185 S Rowlands 14/11/2015	185 S Rowlands 14/11/2015	Standard	Standard	Standard
TOTAL	472.5 J Richardson 30/11/2019	557.5 I Nabi 29/08/2021	557.5 I Nabi 29/08/2021	470 S Rowlands 14/11/2015	470 S Rowlands 14/11/2015	Standard	Standard	Standard
BENCH (A/C)	100 B Cattermole 15/12/2011	105 B Johnson 15/08/2015	117.5 B Johnson 17/12/2017	95 S Rowlands 14/11/2015	95 S Rowlands 14/11/2015	Standard	Standard	Standard

-74kg	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	200 B Sugarman 29/01/2017	210 S Khan 15/08/2015	210.5 J Burton 04/07/2019	185 S Walker 26/11/2011	185 S Walker 26/11/2011	180 C Haynes 04/12/2021	Standard	Standard
BENCH PRESS	110 L Kawahara-Musiu 04/07/2019	137.5 I Sommers 23/11/2019	150 C Haynes 02/02/2014	150 C Haynes 02/02/2014	150 C Haynes 02/02/2014	115 C Haynes 04/12/2021	Standard	Standard
DEADLIFT	250 B Sugarman 29/01/2017	252.5 S Khan 15/08/2015	260 H Murray Rowley 24/11/2019	240 S Walker 26/11/2011	240 S Walker 26/11/2011	190 C Haynes 04/12/2021	Standard	Standard
TOTAL	547.5 B Sugarman 29/01/2017	597.5 S Khan 15/08/2015	615 H Murray Rowley 24/11/2019	560 S Walker 26/11/2011	560 S Walker 26/11/2011	527.5 C Haynes 04/12/2021	Standard	Standard
BENCH (A/C)	114 L Kawahara-Musiu 13/10/2019	137.5 I Sommers 23/11/2019	155 R Bruce 17/01/2016	150 C Haynes 02/02/2014	150 C Haynes 02/02/2014	115 C Haynes 04/12/2021	Standard	Standard

-83kg	U18	U23	open	M1	M2	M3	M4	M5
SQUAT	200 S Beddoes 14/07/2019	255 E Mata 12/06/2018	255 E Mata 12/06/2018	225 I Card 25/07/2021	187.5 G Sugarman 26/11/2016	167.5 D Ottolanguai 06/02/2011	Standard	Standard
BENCH PRESS	140 O Pilecki 18/08/2018	182.5 H Sparks 22/10/2021	182.5 H Sparks 22/10/2021	132.5 D D'Gama 05/02/2012	135 M Round 18/07/2015	102.5 D Ottolanguai 06/02/2011	Standard	Standard
DEADLIFT	232.5 S Beddoes 14/07/2019	255 T Knapp 29/08/2021	270 A Kolb 20/08/2011	260 I Card 25/07/2021	250 G Sugarman 29/01/2017	205 D Ottolanguai 06/02/2011	Standard	Standard
TOTAL	555 O Pilecki 18/08/2018	672.5 H Sparks 22/10/2021	672.5 H Sparks 22/10/2021	612.5 I Card 25/07/2021	560 G Sugarman 29/01/2017	475 D Ottolanguai 06/02/2011	Standard	Standard
BENCH (A/C)	140 O Pilecki 18/08/2018	182.5 H Sparks 13/06/2021	182.5 H Sparks 13/06/2021	175 D Walker 10/05/2015	135 M Round 18/07/2015	102.5 D Ottolanguai 06/02/2011	Standard	Standard

<b>-93kg</b>	<b>U18</b>	<b>U23</b>	<b>open</b>	<b>M1</b>	<b>M2</b>	<b>M3</b>	<b>M4</b>	<b>M5</b>
<b>SQUAT</b>	230 K Curylo 18/09/2021	272.5 E Mata 29/07/2018	272.5 E Mata 29/07/2018	227.5 K Jane 08/09/2012	227.5 K Jane 08/09/2012	227.5 K Jane 08/09/2012	Standard	Standard
<b>BENCH PRESS</b>	120 H Skipper 13/10/2018	175 E Mata 29/07/2018	175 E Mata 29/07/2018	135 K Jane 30/06/2012	135 K Jane 30/06/2012	135 K Jane 30/06/2012	Standard	Standard
<b>DEADLIFT</b>	247.5 R Bruere 14/07/2019	300 M Deacon-Smith 26/04/2014	300 M Deacon-Smith 26/04/2014	275 K Jane 02/02/2014	275 K Jane 02/02/2014	275 K Jane 02/02/2014	Standard	Standard
<b>TOTAL</b>	572.5 R Bruere 14/07/2019	727.5 E Mata 29/07/2018	727.5 E Mata 29/07/2018	630 K Jane 02/02/2014	630 K Jane 02/02/2014	630 K Jane 02/02/2014	Standard	Standard
<b>BENCH (A/C)</b>	120 S Singh 15/07/2015	175 E Mata 29/07/2018	175 E Mata 29/07/2018	160 S Richardson 08/05/2016	165 S Hamilton 24/01/2016	135 K Jane 30/06/2012	Standard	Standard

<b>-105kg</b>	<b>U18</b>	<b>U23</b>	<b>open</b>	<b>M1</b>	<b>M2</b>	<b>M3</b>	<b>M4</b>	<b>M5</b>
<b>SQUAT</b>	192.5 K Stubbings 16/08/2015	250 K Renwick 25/03/2018	305 B Pape 01/05/2021	240 S Alexander 29/01/2017	215 K Jane 17/08/2014	215 K Jane 17/08/2014	210 K Jane 04/12/2021	Standard
<b>BENCH PRESS</b>	142.5 T Ireland 05/12/2021	183 B Horne 27/05/2018	192.5 R Gibson 05/12/2021	192.5 R Gibson 05/12/2021	125 D Battison 30/06/2012	127.5 M Bason 26/04/2015	115 K Jane 04/12/2021	Standard
<b>DEADLIFT</b>	265 T Ireland 05/12/2021	305.5 M Deacon-Smith 17/08/2014	332.5 B Pape 01/05/2021	272.5 A Rodney 05/02/2012	252.5 K Jane 17/08/2014	252.5 K Jane 17/08/2014	225 K Jane 04/12/2021	Standard
<b>TOTAL</b>	595 T Ireland 05/12/2021	682.5 J Taylor 17/08/2014	817.5 B Pape 01/05/2021	640 S Alexander 29/01/2017	592.5 K Jane 17/08/2014	592.5 K Jane 17/08/2014	567.5 K Jane 04/12/2021	Standard
<b>BENCH (A/C)</b>	142.5 T Ireland 05/12/2021	183 B Horne 27/05/2018	200 R Gibson 13/10/2019	192.5 R Gibson 23/02/2020	140 B Baxter 14/05/2018	140 B Baxter 14/05/2018	115 K Jane 04/12/2021	Standard

<b>-120kg</b>	<b>U18</b>	<b>U23</b>	<b>open</b>	<b>M1</b>	<b>M2</b>	<b>M3</b>	<b>M4</b>	<b>M5</b>
<b>SQUAT</b>	Standard	272.5 J Walton 09/10/2011	332.5 T Cliffe 04/10/2015	282.5 A Rodney 15/03/2014	275 A Rodney 04/10/2015	202.5 I Finch 07/03/2018	167.5 C Gladding 10/02/2013	Standard
<b>BENCH PRESS</b>	Standard	160 J Dunkley 14/10/2018	230 T Cliffe 14/06/2015	182.5 A Rodney 15/03/2014	180 A Rodney 25/01/2015	127.5 C Gladding 25/01/2015	130 C Gladding 05/06/2015	Standard
<b>DEADLIFT</b>	Standard	290 B Leyland 18/07/2015	348 T Cliffe 10/02/2013	300 A Rodney 04/10/2015	300 A Rodney 04/10/2015	225 I Finch 07/03/2018	195 C Gladding 27/04/2013	Standard
<b>TOTAL</b>	Standard	710 J Dunkley 14/10/2018	900 T Cliffe 14/06/2015	742.5 A Hutchings 04/10/2015	737.5 A Rodney 04/10/2015	552.5 I Finch 07/03/2018	485 C Gladding 10/02/2013	Standard
<b>BENCH (A/C)</b>	Standard	160 J Dunkley 14/10/2018	230 T Cliffe 14/06/2015	182.5 A Rodney 15/03/2014	180 A Rodney 25/01/2015	130 C Gladding 20/03/2011	130 C Gladding 20/03/2011	Standard

<b>120kg+</b>	<b>U18</b>	<b>U23</b>	<b>open</b>	<b>M1</b>	<b>M2</b>	<b>M3</b>	<b>M4</b>	<b>M5</b>
<b>SQUAT</b>	Standard	250 L Nesbitt 24/11/2019	300 A Berry 15/09/2019	270 A Hutchings 14/11/2015	235 T Bond 25/01/2015	Standard	Standard	Standard
<b>BENCH PRESS</b>	Standard	143 L Nesbitt 24/11/2019	180 C Hartwig 04/10/2015	175 A Rodney 14/11/2015	175 A Rodney 14/11/2015	Standard	Standard	Standard
<b>DEADLIFT</b>	Standard	240 T Marshall 10/02/2013	302.5 C Hartwig 26/04/2015	285 A Hutchings 14/11/2015	252.5 A Rodney 14/11/2015	Standard	Standard	Standard
<b>TOTAL</b>	Standard	613 L Nesbitt 24/11/2019	760 A Berry 15/09/2019	730 A Hutchings 14/11/2015	607.5 A Rodney 14/11/2015	Standard	Standard	Standard
<b>BENCH (A/C)</b>	Standard	143 L Nesbitt 24/11/2019	195 D Lindsell 29/10/2017	175 A Rodney 14/11/2015	175 A Rodney 14/11/2015	Standard	Standard	Standard