

East Midlands Bench Press 2015

Gp	Name	Club	m/f	Class	Weight	Age	Bench 1	Bench 2	Bench 3	Total	Wilks	Place
1	Zoe Newson	Spartans	f	47	44.7	sen	90	95	-100	95	132.3	1st
1	Faye Jordan	PTS	f	63	59.0	sen	65	67.5	-70	67.5	76.2	1st
1	Jo Montagu	UNA	f	63	62.0	m1	45	47.5	-50	47.5	51.6	2nd
1	Lucie Sukova	Hamiltons	f	72	66.3	m1	65	-67.5	-67.5	65	67.2	1st
1	Lisa Groves	SDF Kings Lynn	f	84+	108.3	sen	-80	-80	80	80	65.3	1st
1	Adam Alderman	Spartans	m	59	55.0	sen	137.5	142.5	145	145	134.4	1st
1	Joe Strike	Spartans	m	66	64.1	u18	85	90	97.5	97.5	78.4	1st
1	Steven Dodd	UNA	m	66	61.2	m2	77.5	82.5	85	85	71.2	2nd
1	Ben Cattermole	Spartans	m	74	71.8	sen	117.5	-122.5	-122.5	117.5	86.4	1st
1	Lorenas Mikalajunas	Feelgood	m	83	82.2	sen	-155	-165	-165		0.0	
1	Lee Meachen	Hamiltons	m	83	76.0	m2	167.5	175	-180	175	123.6	1st
1	Gordon Kay	The Farm	m	83	78.9	m1	110	117.5	-122.5	117.5	80.9	2nd
1	Steve Richardson	UNA	m	93	85.9	m1	-120	130	140	140	91.6	1st
1	Sunny Singh	Hamiltons	m	93	92.4	u18	100	110	115	115	72.5	2nd
1	Geoff Bethell	UNA	m	105	103.3	m1	160	170	172.5	172.5	103.6	1st
1	Steve Bullimore	Monster Gym	m	105	101.4	m1	130	-135	-	130	78.7	2nd
1	Paul Hammond	Horncastle	m	105	103.1	m2	120	130	-137.5	130	78.2	3rd
1	John Bevan	Monster Gym	m	105	102.5	m4	80	85	90	90	54.2	4th
1	Pinda Singh	Hamiltons	m	120	116.1	sen	-267.5	267.5	272.5	272.5	157.9	1st
1	Ian Sullivan	guest	m	120	111.6	m2	155	-160	160	160	93.7	2nd