

Anglian Open Bench Press Championship 2004 at Hamiltons Fitness Centre, Colchester

Women					BENCHPRESS			TOT.	Wilk's	PL.
BDW.	NAME	CLASS	CLUB	cat	1	2	3			
54.5	claire bailey	56	hamiltons	s	-65	65	-67.5	65	78.12	1
74.7	cathy wass	75	hamiltons	m1	50	60	-62.5	60	57.18	1

Men					BENCHPRESS			TOT.	Wilk's	PL.
BDW.	NAME	CLASS	CLUB	cat	1	2	3			
56	chad mitchell	56	cambridge		95	102.5	-107.5	102.5	93.31	1
56.4	simon phipps	60	old oak		95	100	102.5	102.5	92.66	1
60.7	wayne mcfarlene	67.5	hamiltons		95	102.5	-112.5	102.5	86.5	1
61	steve dodd	67.5	luton		85	90	92.5	92.5	77.72	2
69.7	dean kehoe	75			110	-112.5	-112.5	110	82.7	1
71.1	farhed saiepour	75			105	110	-115	110	81.46	2
73.2	oliver gilbert	75	una		110			110	79.73	3
72.6	roy banks	75	hamiltons	m2	90	100	-102.5	100	72.92	4
74.2	samir mahmutovic	75	n/a		100	-107.5	-107.5	100	71.79	5
80.4	steve maynard	82.5	c. palace		-100	115	120	120	81.66	1
82	paul ridley-thomas	82.5	hamiltons		-70	-70	70	70	47.06	2
84.9	andy howard	90	hamiltons		145	150	-160	150	98.8	1
85.3	daniel osman	90			-120	120	130	130	85.4	2
85.9	kevin wederell	90			120	-130	130	130	85.07	3
89.2	paul kerridge	90	hamiltons	m2	115	117.5	-120	117.5	75.34	4
99.1	ian kinghorn	100	yardley		-200	205	210	210	128.24	1
94.8	david clarke	100			-170	170	180	180	112.05	2
99.2	ben banks	100	hamiltons		165	-175	-180	165	100.72	3
99.8	john feehan	100			140			140	85.25	4
98.3	michael king	100	hamiltons		120	125	-130	125	76.59	5
118.6	alan moses	125	flaxmans	m1	130	150	170	170	97.95	1
119.2	john bevan	125	n/a	m3	120	-130	130	130	74.81	2

Positions by Wilk's points										
BDW.	NAME	CLASS	CLUB	cat	1	2	3	TOT.	Wilk's	pos
99.1	ian kinghorn	100	yardley		-200	205	210	210	128.24	1

94.8	david clarke	100			-170	170	180	180	112.05	2
99.2	ben banks	100	hamiltons		165	-175	-180	165	100.72	3
84.9	andy howard	90	hamiltons		145	150	-160	150	98.8	4
118.6	alan moses	125	flaxmans	m1	130	150	170	170	97.95	5
56	chad mitchell	56	cambridge		95	102.5	-107.5	102.5	93.31	6
56.4	simon phipps	60	old oak		95	100	102.5	102.5	92.66	7
60.7	wayne mcfarlene	67.5	hamiltons		95	102.5	-112.5	102.5	86.5	8
85.3	daniel osman	90			-120	120	130	130	85.4	9
99.8	john feehan	100			140			140	85.25	10
85.9	kevin wederell	90			120	-130	130	130	85.07	11
69.7	dean kehoe	75			110	-112.5	-112.5	110	82.7	12
80.4	steve maynard	82.5	c. palace		-100	115	120	120	81.66	13
71.1	farhed saiepour	75			105	110	-115	110	81.46	14
73.2	oliver gilbert	75	una		110			110	79.73	15
54.5	claire bailey	56	hamiltons	s	-65	65	-67.5	65	78.12	16
61	steve dodd	67.5	luton		85	90	92.5	92.5	77.72	17
98.3	michael king	100	hamiltons		120	125	-130	125	76.59	18
89.2	paul kerridge	90	hamiltons	m2	115	117.5	-120	117.5	75.34	19
119.2	john bevan	125	n/a	m3	120	-130	130	130	74.81	20
72.6	roy banks	75	hamiltons	m2	90	100	-102.5	100	72.92	21
74.2	samir mahmutovic	75	n/a		100	-107.5	-107.5	100	71.79	22
74.7	cathy wass	75	hamiltons	m1	50	60	-62.5	60	57.18	23
82	paul ridley-thomas	82.5	hamiltons		-70	-70	70	70	47.06	24